

Grosnez 2UP Duathlon

25 October 2015 4.5k Run/26km Bike/6km Run (optionally with a partner)



Name	M/F	Run1+T1	Bike+T2	Run2	Total	
Demri Mitchell (6)	M	00:14:41 1	00:41:58 2	00:25:38 4	01:22:17 1	
Michael Charlton (59)	M	00:15:08 2	00:41:32 1	00:25:37 3	01:22:17 1	
Mark Syvret (5)	M	00:15:48 5	00:42:54 3	00:24:53 2	01:23:35 3	
Matt Ebbrell (1)/Matt Gambles (51)	M	00:15:49 6	00:42:57 4	00:26:12 5	01:24:42 4	
Simon Roderick (13)	M	00:15:47 4	00:45:49 7	00:24:10 1	01:25:46 5	
Clayton Lidster (10)/James Goode (60)	M	00:17:39 8	00:45:15 6	00:29:22 6	01:32:15 6	
Andy Horsfall (7)/James Barrell (57)	M	00:19:21 11	00:44:34 5	00:31:20 9	01:34:51 7	
Dave Hart (52)/Paul Burrows (2)	M	00:17:38 7	00:48:41 9	00:30:32 7	01:36:50 8	
Mike Osborne (58)/Della Roberick (8)	M/F	00:19:06 10	00:48:12 8	00:30:39 8	01:37:55 9	
Claire Kybett (12)	F	00:18:53 9	00:53:59 10	00:31:23 10	01:44:15 10	
Penny Fransisco (54)/Lisa Porter (4)	F	00:20:51 12	00:55:28 11	00:35:42 11	01:51:59 11	
Aaron Richards (53)/Anthony Tobin (3)	M	00:21:30 13	00:58:30 12	00:36:26 13	01:56:10 12	
Becky Compton (61)/Seb Perez (11)	F/M	00:22:52 14	00:58:38 13	00:36:01 12	01:57:29 13	
Tom Perchard (9)	M	00:15:09 3	DNF - Puncture			

NB Times do not necessarily sum to Total as the slowest for pairs in each interval has been displayed.

Michael Charlton started the race partnering with Tom Perchard, but due to a puncture within the first 100m of the bike course, Michael finished the Bike leg on his own. He completed Run2 with Demri Mitchell.