

Ana Leaf Introductory Duathlon La Pulente

2km Run/8km Bike/800m Run



Name	M/F	Run1+T1		Bike		T2+Run2		Total	
David Holmes (11)	M	00:08:33	1	00:14:41	4	00:05:00	5	00:28:14	1
Peter Holmes (10)	M	00:08:50	3	00:14:56	5	00:04:30	1	00:28:16	2
Matt Ebbrell (28)	M	00:09:14	5	00:14:36	3	00:04:52	4	00:28:42	3
Richard Tanguay (43)	M	00:09:24	6	00:14:25	2	00:05:05	8	00:28:54	4
Nick Thorne (29)	M	00:09:50	8	00:14:19	1	00:05:08	11	00:29:18	5
Fintan Kennedy (34)	M	00:09:06	4	00:15:42	11	00:04:36	2	00:29:24	6
Wayne Quenault (5)	M	00:09:27	7	00:15:28	10	00:05:00	6	00:29:54	7
Mark Syvret (33)	M	00:09:57	9	00:15:00	6	00:05:03	7	00:30:00	8
Jack Kennedy (35)	M	00:08:48	2	00:16:34	14	00:04:44	3	00:30:06	9
Dale Quenault (8)	M	00:10:05	10	00:15:14	8	00:05:07	9	00:30:26	10
Melissa Messervy (18)	F	00:10:25	12	00:15:56	12	00:05:08	10	00:31:29	11
Thomas Gordon (38)	M	00:10:22	11	00:15:56	13	00:05:16	12	00:31:34	12
Mike Osborne (26)	M	00:11:27	14	00:15:02	7	00:06:04	17	00:32:32	13
Jason Wyatt (44)	M	00:11:29	15	00:15:26	9	00:05:45	14	00:32:39	14
Scott Docherty (36)	M	00:11:47	19	00:16:50	15	00:05:55	15	00:34:32	15
Darren Le Masurier (42)	M	00:11:32	16	00:16:55	16	00:06:43	24	00:35:10	16
Adele Maher (22)	F	00:10:56	13	00:18:47	27	00:05:39	13	00:35:22	17
Stephen Ahier (6)	M	00:11:43	17	00:17:45	20	00:06:01	16	00:35:29	18
Rikki De Louche (27)	M	00:12:22	24	00:17:30	18	00:06:17	20	00:36:09	19
Daniel D'avoine (24)	M	00:12:10	23	00:17:54	21	00:06:09	19	00:36:13	20
Paul Fleming (37)	M	00:11:44	18	00:18:43	26	00:06:19	21	00:36:47	21
John Nicholson (40)	M	00:11:53	20	00:17:59	23	00:07:09	30	00:37:01	22
Rosie Adamson (25)	F	00:12:47	27	00:18:09	24	00:06:06	18	00:37:01	23
Emil Matute (31)	M	00:12:48	28	00:17:57	22	00:06:56	27	00:37:42	24
Peter Joy (3)	M	00:13:13	32	00:17:13	17	00:07:28	34	00:37:53	25
Max Livesey (7)	M	00:13:05	30	00:17:38	19	00:07:15	31	00:37:58	26
Nicola Holmes (9)	F	00:12:08	22	00:19:03	28	00:06:51	25	00:38:02	27
Ross Jerrard (1)	M	00:12:04	21	00:19:27	31	00:06:38	23	00:38:10	28
Kate Roberts (4)	F	00:12:35	25	00:19:42	32	00:06:36	22	00:38:54	29
Natalie Harris (15)	F	00:12:52	29	00:19:24	30	00:07:01	29	00:39:17	30
Howard O'toole (17)	M	00:13:15	33	00:18:38	25	00:07:24	32	00:39:18	31
Debbie Hill (19)	F	00:13:10	31	00:21:02	36	00:06:57	28	00:41:10	32
Emma Speller (39)	F	00:13:43	35	00:19:43	33	00:07:46	36	00:41:12	33
Emma Pallot (2)	F	00:12:37	26	00:21:45	38	00:06:54	26	00:41:15	34
Irene Mcgachy (32)	F	00:13:34	34	00:20:21	35	00:07:28	33	00:41:22	35
Melissa Le Cheminant (23)	F	00:14:13	37	00:19:06	29	00:08:04	37	00:41:23	36
Emily Ashford (20)	F	00:14:03	36	00:21:37	37	00:08:16	38	00:43:56	37
Lauren Wright (41)	F	00:14:21	38	00:22:22	39	00:07:43	35	00:44:26	38
Geoff Dines (12)	M	00:15:53	39	00:20:11	34	00:09:24	40	00:45:28	39
Suzanne De Ste Croix (21)	F	00:16:07	40	00:22:43	40	00:09:55	41	00:48:45	40
Katharine Hairon (30)	F	00:16:50	41	00:25:55	41	00:09:21	39	00:52:06	41
Vaughan Robinson	M					DNS			
Michael Mcginney	M					DNS			
Alex Forster	M					DNS			
Aaron Gouveia	M					DNS			
Anna Thorne	F					DNS			