



Ana Leaf Trinity Duathlon

Sunday 17th March

Super Sprint



Name	M/F	Run 1		T1 + Bike		T2 + Run 2		Total	
Seaena Silvester (110)	Hurricane	00:11:02	1	00:30:07	2	00:10:55	1	00:52:04	1
Jason Wyatt (115)	Tornado	00:12:09	2	00:28:10	1	00:12:00	2	00:52:19	2
Douglas Smith (117)	Monsoon	00:13:36	5	00:33:20	4	00:14:34	3	01:01:31	3
Vicky Miller (133)	Hurricane	00:13:43	6	00:33:39	5	00:14:38	4	01:02:00	4
Elsa Wanless (130)	Monsoon	00:13:05	3	00:36:14	6	00:14:56	6	01:04:14	5
Ben Gurney (109)	Tornado	00:15:35	8	00:32:26	3	00:17:30	8	01:05:32	6
Verity Osmand (118)	Monsoon	00:13:20	4	00:38:39	9	00:14:53	5	01:06:51	7
Caroline Baker (127)	Typhoon	00:14:53	7	00:39:39	10	00:17:04	7	01:11:36	8
Toni Keenan (111)	Typhoon	00:15:37	9	00:38:01	8	00:18:23	9	01:12:01	9
Jackie Syvret (123)	Tornado	00:17:30	10	00:37:13	7	00:19:34	10	01:14:17	10



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Name	Team	Run 1		T1 + Bike		T2 + Run 2		Total	
Wayne Quenault (122)	Tornado	00:19:00	2	00:34:51	1	00:10:01	1	01:03:52	1
Dave Holmes (119)	Cyclone	00:18:46	1	00:35:53	2	00:10:15	2	01:04:54	2
Mark Syvret (105)	Cyclone	00:19:55	4	00:38:12	3	00:10:40	3	01:08:47	3
Andrew Hardwick (125)	Monsoon	00:19:54	3	00:38:50	5	00:11:01	4	01:09:45	4
Rob Morton (136)	Tornado	00:21:18	6	00:38:42	4	00:11:27	5	01:11:27	5
Mark Wanless (126)	Typhoon	00:21:26	7	00:39:33	6	00:11:36	6	01:12:35	6
Tim Hutton (108)	Typhoon	00:21:09	5	00:41:19	7	00:12:08	7	01:14:36	7
Peter Holmes (132)	Cyclone	00:24:01	10	00:42:44	8	00:12:23	8	01:19:08	8
Jonathan Picot (120)	Cyclone	00:23:16	9	00:43:53	11	00:13:14	12	01:20:24	9
Lisa Mansell (107)	Monsoon	00:22:38	8	00:45:53	14	00:12:39	9	01:21:11	10
Adrian de la haye (102)	Typhoon	00:25:54	12	00:43:00	9	00:13:11	11	01:22:05	11
Neil Fairclough (112)	Hurricane	00:26:31	14	00:43:07	10	00:14:23	15	01:24:01	12
Michael Bateman (131)	Hurricane	00:25:53	11	00:46:24	15	00:13:06	10	01:25:24	13
Monika Markowska (113)	Monsoon	00:26:35	15	00:45:17	12	00:14:18	14	01:26:10	14
Ross Collins (103)	Hurricane	00:26:12	13	00:45:34	13	00:15:26	17	01:27:12	15
Julie Bell (114)	Typhoon	00:26:44	17	00:51:21	16	00:13:41	13	01:31:46	16
Nicola Holmes (129)	Cyclone	00:26:43	16	00:52:05	17	00:14:28	16	01:33:16	17
Kayte Ball (134)	Cyclone	00:28:59	18	00:53:24	18	00:15:37	18	01:38:00	18
Natalie Harris (116)	Hurricane	00:29:32	19	00:57:05	20	00:17:03	19	01:43:40	19
David Noble (124)	Tornado	00:35:17	20	00:56:45	19	00:20:59	20	01:53:01	20