



Sorel Duathlon Series - Race 3

Thursday 18th April 2024



Long Course

1.6km/8.4km/1.6km

Name	Full Name	Team	M/F	Run 1, Lap 1	Run 1, Lap 2	T1, Bike, T2	Run 2, Lap 1	Run 2, Lap 2	Total	Points						
Dave Holmes (167)	Dave Holmes	Cyclone	M45-49	00:02:48	3	00:03:03	1	00:16:54	2	00:03:00	1	00:02:54	1	00:28:40	1	125
Robert Morton (120)	Rob Morton	Tornado	M35-39	00:03:01	8	00:03:14	7	00:16:38	1	00:03:24	5	00:03:19	5	00:29:36	2	114
Tim Baker (99)	Tim Baker	Tornado	M45-49	00:02:49	5	00:03:08	4	00:17:18	3	00:03:24	5	00:03:17	3	00:29:55	3	103
Vaughan Robinson (111)	Vaughan Robinson	Hurricane	M45-49	00:02:49	5	00:03:07	2	00:17:48	5	00:03:16	4	00:03:18	4	00:30:18	4	92
Paul Butt (106)	Paul Butt	Cyclone	M30-34	00:02:46	1	00:03:09	5	00:18:16	7	00:03:13	2	00:03:09	2	00:30:34	5	81
Tim Hutton (163)	Tim Hutton	Typhoon	M40-44	00:02:48	3	00:03:07	2	00:17:20	4	00:03:50	9	00:04:13	13	00:31:19	6	80
Christian Hilton (105)	Christian Hilton	Tornado	M30-34	00:02:50	7	00:03:09	6	00:18:51	11	00:03:24	5	00:03:23	7	00:31:38	7	69
Scott Docherty (100)	Scott Docherty	Monsoon	M45-49	00:02:47	2	00:03:16	8	00:18:20	8	00:04:01	12	00:03:48	10	00:32:12	8	58
Jonathan Picot (149)	Jonathan Picot	Cyclone	M40-44	00:03:03	10	00:03:16	8	00:18:40	10	00:03:56	10	00:03:53	11	00:32:48	9	47
David Silva (124)	David Silva	Tornado	M30-34	00:03:07	11	00:03:34	11	00:18:52	12	00:03:46	8	00:03:40	8	00:33:01	10	36
Melissa Messervy (95)	Melissa Messervy	Hurricane	F50-54	00:03:02	9	00:03:18	10	00:20:54	15	00:03:15	3	00:03:20	6	00:33:49	11	115
James Le Sueur (166)	James Le Sueur	Hurricane	M40-44	00:03:15	12	00:03:42	12	00:18:15	6	00:05:05	15	00:03:47	9	00:34:04	12	24
Mike Osborne (125)	Mike Osborne	Hurricane	M60-64	00:03:28	14	00:04:05	13	00:18:32	9	00:04:01	11	00:04:04	12	00:34:10	13	13
Vicky Miller (162)	Vicky Miller	Hurricane	F55-59	00:03:54	15	00:04:21	14	00:20:35	14	00:04:24	13	00:04:14	14	00:37:27	14	102
Aoife Lelai (152)	Aoife Lelai	Monsoon	F15-19	00:03:24	13	00:04:30	15	00:20:14	13	00:04:47	14	00:04:39	15	00:37:33	15	91

Calculated bike time based on 9 lap split

Medium Course

800m/4.2km/800m

Score: 4.2 km / 2.6 mi

Name	Full Name	Team	M/F	Run 1	T1, Bike, T2	Run 2	Total	Points				
Ian LeLai (161)	Ian LeLai	Cyclone	M45-49	00:03:30	1	00:10:41	1	00:04:18	4	00:18:29	1	114
Douglas Smith (103)	Douglas Smith	Monsoon	M75-79	00:03:41	3	00:11:23	2	00:03:58	1	00:19:01	2	103
Kylie Young (157)	Kylie Young	Tornado	F50-54	00:03:38	2	00:11:25	3	00:04:16	3	00:19:19	3	112
Anna Robins (165)	Anna Robins	Cyclone	F40-44	00:03:47	4	00:13:04	4	00:04:13	2	00:21:04	4	101

RD & Marshalls

Name	Team	Points
Mike Osborne	Hurricane	250
Adrian De La Haye	Typhoon	200
Alex Syvret	Cyclone	200
Fabio Hepworth	Hurricane	200
Verity Osmand	Monsoon	200

Total Team Points

	Race Points	Marshal Points	Total Points
Hurricane	346	450	796
Cyclone	468	200	668
Monsoon	252	200	452
Tornado	434	0	434
Typhoon	80	200	280