



Sorel Duathlon Series - Race 4

Thursday 25th April 2024



Long Course

1.6km/8.4km/1.6km

Name	Full Name	Team	M/F	Lead-IN	Run 1 & T1			Bike		T2 & Run 2		Total		Points
Nick Thorne (157)	Nick Thorne	Monsoon	M40-44	00:00:04	1	00:06:23	3	00:16:05	1	00:06:56	2	00:29:28	1	122
Vaughan Robinson (111)	Vaughan Robinson	Hurricane	M45-49	00:00:04	1	00:06:17	1	00:16:09	2	00:07:11	4	00:29:41	2	111
Tim Baker (142)	Tim Baker	Tornado	M45-49	00:00:04	1	00:06:20	2	00:16:33	4	00:07:17	5	00:30:15	3	100
Rob Morton (120)	Rob Morton	Tornado	M35-39	00:00:05	7	00:06:38	8	00:16:17	3	00:07:40	6	00:30:40	4	89
Paul Butt (106)	Paul Butt	Cyclone	M30-34	00:00:04	1	00:06:35	6	00:17:24	6	00:06:49	1	00:30:53	5	78
Christian Hilton (105)	Christian Hilton	Tornado	M30-34	00:00:04	1	00:06:34	5	00:17:50	9	00:07:06	3	00:31:35	6	77
Peter Holmes (170)	Peter Holmes	Cyclone	M20-24	00:00:04	1	00:06:24	4	00:17:42	7	00:07:45	7	00:31:56	7	66
David Silva (124)	David Silva	Tornado	M30-34	00:00:06	11	00:07:12	10	00:17:07	5	00:07:56	8	00:32:21	8	55
Rory Wanless (159)	Rory Wanless	Hurricane	M10-14	00:00:05	7	00:06:37	7	00:18:01	10	00:08:21	9	00:33:05	9	44
Ian LeLai (163)	Ian LeLai	Cyclone	M45-49	00:00:06	11	00:08:37	12	00:17:45	8	00:09:41	10	00:36:09	10	33
Aoife LeLai (152)	Aoife LeLai	Monsoon	F15-19	00:00:05	7	00:08:23	11	00:20:07	11	00:10:17	11	00:38:52	11	112
Alex Syvret (108)	Alex Syvret	Cyclone	M35-39	00:00:05	7	00:06:45	9					DNF		5

Medium Course

800m/4.2km/800m

Name	Full Name	Team	M/F	Lead-In	Run 1 & T1			Bike		T2 & Run 2		Total		Points
Douglas Smith (103)	Douglas Smith	Monsoon	M75-79	00:00:06	4	00:04:12	3	00:10:12	1	00:04:44	2	00:19:13	1	114
Ciara LeLai (167)	Ciara LeLai	Tornado	F15-19	00:00:05	2	00:03:50	1	00:11:07	2	00:04:56	3	00:19:58	2	113
Anna Robins (165)	Anna Robins	Cyclone	F40-44	00:00:05	3	00:04:26	5	00:11:19	3	00:04:56	4	00:20:47	3	102
Verity Osmand (131)	Verity Osmand	Monsoon	F40-44	00:00:05	1	00:04:06	2	00:12:09	4	00:04:30	1	00:20:50	4	95
Caroline Baker (122)	Caroline Baker	Typhoon	F45-49	00:00:06	5	00:04:19	4	00:12:18	5	00:05:26	5	00:22:09	5	81

RD & Marshalls

Name		Team	Points
Mike Osborne		Hurricane	250
Adrian De La Haye		Typhoon	200
Emma Bateman		Tornado	200
Fabio Hepworth		Hurricane	200
Tim Hutton		Typhoon	200
Mark Syvret		Cyclone	200
Michael Murray		Tornado	200

Total Team Points

	Race Points	Marshal Points	Total Points
Hurricane	155	450	605
Cyclone	284	200	484
Monsoon	443	0	443
Tornado	434	400	834
Typhoon	81	400	481