



Ana Leaf Les Quennevais Duathlon

Sunday 14th December 2025



TriStars 1															
1200m, 3.0km, 1200m															
Name	M/F	Lead-in			Run 1, Lap 1		Run 1, Lap 2		T1 & Bike		T2 & Run 2, Lap 1		Run 2 Lap 2		Total
Toby Collins (120)	TS1	00:00:04	1		00:01:31	1	00:01:42	1	00:08:08	1	00:01:49	1	00:01:33	1	00:14:48
Henry Pitcher (115)	TS1	00:00:05	2		00:01:37	2	00:01:52	2	00:09:22	2	00:01:57	2	00:01:53	2	00:16:45
Finlay Picot (111)	TS1	00:00:05	2		00:01:43	3	00:01:57	3	00:09:48	3	00:02:16	3	00:01:56	3	00:17:44
Kara Herrera (125)	TS1	00:00:05	2		00:01:59	4	00:02:09	5	00:10:58	5	00:02:39	4	00:02:17	4	00:20:06
Sienna Mahe (110)	TS1	00:00:05	2		00:01:59	4	00:02:08	4	00:10:57	4	00:02:41	5	00:02:17	4	00:20:06

4 1800m, 4.5km, 1800m																				
Name	M/F	Lead-in			Run 1, Lap 1		Run 1, Lap 2		Run 1, Lap 3		T1 & Bike		T2 & Run 2, Lap 1		Run 2, Lap 2		Run 2, Lap 3		Total	
Maxim Assiter (114)	TS2	00:00:05	1		00:01:27	1	00:01:37	1	00:01:40	1	00:10:09	1	00:01:46	2	00:01:44	3	00:01:40	2	00:20:07	1
Owen Assiter (108)	TS2	00:00:05	1		00:01:34	3	00:01:43	3	00:01:42	2	00:10:18	2	00:01:48	3	00:01:42	1	00:01:36	1	00:20:30	2
Freddy Picot (107)	TS2	00:00:05	1		00:01:30	2	00:01:39	2	00:01:42	2	00:10:38	3	00:01:43	1	00:01:42	2	00:01:47	3	00:20:46	3
Fraser Collins (122)	TS2	00:00:05	1		00:01:37	4	00:01:47	4	00:01:50	4	00:11:29	4	00:02:01	4	00:01:53	4	00:01:50	4	00:22:31	4

TriStars 3 & Youth																					
2400m, 6.0km, 1800m																					
Name	M/F	Lead-in		Run 1, Lap 1		Run 1, Lap 2		Run 1, Lap 3		Run 1, Lap 4		T1 & Bike		T2 & Run 2, Lap 1		Run 2, Lap 2		Run 2, Lap 3		Total	
Niamh Church (101)	Youth	00:00:06	3	00:01:25	1	00:01:33	1	00:01:35	1	00:01:36	1	00:11:59	1	00:01:44	3	00:01:43	2	00:01:37	1	00:23:18	1
Lia Romero (100)	Youth	00:00:05	1	00:01:32	2	00:01:39	2	00:01:42	2	00:01:45	2	00:12:31	3	00:01:52	6	00:01:47	5	00:01:40	3	00:24:34	2
Milo Skuce (119)	TS3	00:00:16	8	00:01:33	4	00:01:41	4	00:01:46	4	00:01:53	4	00:12:29	2	00:01:51	5	00:01:44	3	00:01:42	5	00:24:54	3
Pheebbs Assiter (103)	TS3	00:00:05	1	00:01:32	2	00:01:39	2	00:01:42	2	00:01:45	3	00:14:17	8	00:01:41	1	00:01:44	3	00:01:40	3	00:26:06	4
Evan Osmand (116)	Youth	00:00:06	3	00:01:39	5	00:01:52	6	00:01:54	5	00:01:55	6	00:13:47	6	00:01:41	1	00:01:39	1	00:01:39	2	00:26:14	5
Orla Lelai (118)	TS3	00:00:06	3	00:01:40	6	00:01:52	6	00:01:56	7	00:01:55	5	00:13:43	5	00:01:49	4	00:02:07	7	00:02:07	6	00:27:14	6
Ewan McBain (112)	Youth	00:00:06	3	00:01:40	6	00:01:50	5	00:01:55	6	00:01:56	7	00:13:48	7	00:02:07	7	00:02:06	6	00:02:15	7	00:27:43	7
Ella Baker (128)	TS3	00:00:06	3	00:01:40	6	00:02:00	8	00:01:57	8	00:02:01	8	00:13:37	4	00:02:08	8	00:02:17	8	00:02:17	8	00:28:02	8