



Southfork Duathlon – Race Report

Sunday 15th February 2026

Despite conditions that could only be described as “character building” — with persistent rain and blustery winds sweeping across the Island — a hardy field assembled for the 2026 Southfork Duathlon. It certainly wasn’t ideal weather for outdoor sport, but that did little to dampen the competitive spirit on what turned out to be a fantastic, if somewhat soggy, morning of racing.

The Race Format

- Run 1 – 5km
 - Bike – 21km
 - Run 2 – 2km
 - Total – 28km
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The Battle at the Front

It couldn’t have been closer early on.

Peter Holmes and Tim Hutton both clocked identical 19:56 splits on the opening run. Tim Hutton was first into T1, but Peter’s lightning-fast 26-second transition immediately clawed back valuable seconds — an early indication of how tight this race would be.



On the bike, Peter laid down the marker with the fastest split of the day (37:52), gaining 1:29 over Tim Hutton (39:21) and 1:51 on Tim Baker (39:43). In grim, wet conditions, that proved decisive.

Although Tim Hutton had the quickest T2 (33 seconds), Peter held firm on the final 2km run, posting the fastest Run 2 split of 8:19 to secure victory in 1:07:22 — just 2:41 ahead of Hutton (1:10:03).

Tim Baker completed the podium in 1:11:11, his consistency across all three disciplines keeping him firmly in contention throughout.

In truth, it was on the bike — in challenging crosswinds and damp roads — where the race was won.

Chasing Pack & Standout Performances

Daniel Larbalestier (1:15:09) produced a strong opening run (20:30) but lost ground with a longer T2 (1:42) and slightly slower second run.

Mark Syvret (1:15:46) showed impressive resilience in the conditions, particularly on the bike (41:14), while Joe Holmes rode strongly (39:28 – third fastest bike split) to climb into sixth overall.

Young Hubert Libich recorded the fourth fastest second run of the day (9:30), a great effort in deteriorating conditions, while Brian Reade and Andrew Holmes battled gamely to the finish despite energy-sapping weather.



Special Mention – Lisa Mansell

A particular and very well-deserved mention goes to Lisa Mansell, the only female competitor on the start line.

Racing solo in the women's category did not mean she had an easy day. Quite the opposite. Lisa produced a composed and determined performance across all three disciplines:

- Run 1: 23:46
- Bike: 46:17
- Run 2: 10:29
- Total: 1:22:23

Her transitions were sharp (48 seconds in T2 — third fastest overall), and she held her own admirably in tough, wet conditions. Competing as the sole female athlete requires both mental strength and determination, and Lisa demonstrated both in abundance. A superb effort.



Final Results



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Name	M/F	4.90km Run 1	0.05km T1	21.65km Bike	0.05km T2	2.15km Run 2	28.80km Total
Peter Holmes (73)	M25-29	00:19:56 2	00:00:26 1	00:37:52 1	00:00:49 4	00:08:19 1	01:07:22 1
Tim Hutton (76)	M45-49	00:19:56 1	00:01:02 4	00:39:21 2	00:00:33 1	00:09:12 2	01:10:03 2
Tim Baker (71)	M45-49	00:20:46 4	00:00:52 3	00:39:43 4	00:00:37 2	00:09:13 3	01:11:11 3
Daniel Larbalestier (77)	M40-44	00:20:30 3	00:00:32 2	00:42:27 6	00:01:42 7	00:09:58 6	01:15:09 4
Mark Syvret (84)	M50-54	00:21:59 5	00:01:43 7	00:41:14 5	00:01:00 5	00:09:50 5	01:15:46 5
Joe Holmes (74)	M20-24	00:24:03 8	-	00:39:28 3	-	00:12:47 9	01:16:18 6
Lisa Mansell (82)	F35-39	00:23:46 6	00:01:03 5	00:46:17 8	00:00:48 3	00:10:29 7	01:22:23 7
Hubert Libich (78)	M15-19	00:24:26 9	00:02:18 8	00:46:36 9	00:01:19 6	00:09:30 4	01:24:09 8
Paul Baines (70)	M45-49	-	###	-	###	-	01:24:39 9
Brian Reade (81)	M55-59	00:23:53 7	00:03:07 9	00:46:15 7	00:02:54 9	00:11:52 8	01:28:00 10
Andrew Holmes (75)	M55-59	00:29:56 10	00:01:35 6	00:50:36 10	00:01:44 8	00:13:02 10	01:36:52 11

Garmin Splits
Manually Recorded Finish Times

2026 Try-a-Tri Cohort

A big welcome and thank you to members of the 2026 Try-a-Tri cohort who came along, supported, marshalled and absorbed the atmosphere:

- Sam Linton
- Felicia Carendi

Spending time around some of Jersey's most experienced triathletes in conditions like today is invaluable experience. We're sure the lessons learned will serve you well as you begin your own triathlon journeys.

Thank You

Huge thanks go to everyone who made the event possible:

Course Setup (Saturday signage)

- Tim Hutton
- Tim Baker

Your efforts ensured a safe and clearly marked course despite the weather.

Our Brilliant Marshals

- Anna Robins
- Mike Osborne
- Nick Thorne
- Truusje Gamlin
- Neil Fairclough
- Michelle Donnelly
- Alex Syvret
- Felicia Carendi
- Sam Linton



Standing out in poor conditions to keep athletes safe and motivated is no small task — your support is hugely appreciated.

Looking Ahead

Next up is the Ana Leaf Trinity Duathlon in support of Durrell on 15th March. Entries are already open for both athletes and marshals, and we look forward to another fantastic club event — hopefully with a little less rainfall!

<https://race-nation.co.uk/register/jersey-triathlon-club/20260315-ana-leaf-trinity-duathlon-in-support-of-durrell>

All in all, a great morning out — if a bit soggy.

Thank you to everyone who raced, supported, marshalled and helped make the 2026 Southfork Duathlon another success.

Darren

Race Director