



Ana Leaf Trinity Duathlon in Support of Durrell

Sunday 15th March



Super Sprint Distance

Name	M/F	2.5km		10.25km		2.5km		15.25km	
		Run 1		T1 & Bike		T2 & Run 2		Total	
Renzo Young (137)	M15-19	00:10:41	1	00:24:54	1	00:12:13	1	00:47:48	1
Helen Gath (120)	F40-44	00:13:56	2	00:29:04	2	00:15:27	2	00:58:27	2

Sprint Distance

Name	M/F	5.0km		20.5km		2.5km		28.0km	
		Run 1		T1 & Bike		T2 & Run 2		Total	
Dirk Swart (128)	M35-39	00:18:18	1	00:40:07	6	00:09:33	1	01:07:58	1
Ryan Paterson (151)	M25-29	00:19:05	2	00:39:57	5	00:10:49	2	01:09:52	2
Nick Thorne (133)	M45-49	00:20:32	5	00:38:36	3	00:11:12	3	01:10:20	3
Mark Syvret (131)	M50-54	00:21:11	8	00:38:16	2	00:11:45	7	01:11:12	4
Joe Holmes (112)	M20-24	00:21:42	13	00:38:52	4	00:12:33	11	01:13:08	5
Dylan Hedgecock (122)	M15-19	00:19:29	3	00:44:13	10	00:11:17	4	01:14:58	6
Daniel LARBALÉSTIER (125)	M40-44	00:20:59	6	00:43:09	9	00:11:28	6	01:15:36	7
Jeremy Rogers (142)	M20-24	00:21:15	10	00:42:34	8	00:11:51	8	01:15:39	8
Katie Tanguy (132)	F40-44	00:21:13	9	00:42:31	7	00:12:29	10	01:16:14	9
Richard Tanguy (140)	M35-39	00:25:28	16	00:36:53	1	00:14:07	16	01:16:28	10
Carmen Tyler (138)	F40-44	00:21:42	12	00:46:28	12	00:12:34	12	01:20:44	11
Rozanne Swart (153)	F35-39	00:22:14	14	00:47:42	13	00:12:58	13	01:22:55	12
Tim Baker (116)	M45-49	00:21:29	11	00:50:09	14	00:11:24	5	01:23:02	13
Lisa De Ste Croix (119)	F40-44	00:21:09	7	00:52:16	17	00:12:26	9	01:25:51	14
Adrian de la haye (118)	M55-59	00:26:01	17	00:46:24	11	00:13:34	14	01:25:59	15
Alex Syvret (130)	M35-39	00:24:24	15	00:50:51	15	00:13:41	15	01:28:56	16
Darren Wetheridge (136)	M50-54	00:26:37	18	00:51:34	16	00:14:14	17	01:32:25	17
Cindy Wanless (141)	F50-54	00:28:50	19	00:54:45	18	00:16:15	18	01:39:50	18
Peter Holmes (150)	M25-29	00:19:30	4	-	###	-	###	DNF	###